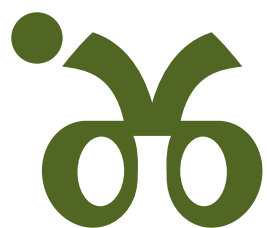




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**PLATEAU
CYCLING**

Veloweekend – BG by Plateau Cycling

Enjoy the country on a bicycle

**Happy velo day today –
cycle for a while around**



Give yourself a notable day of cycling tourism completing your holiday with unexpectedly beautiful sights. We will provide you with a modern bike to reveal the nearby country's historical, cultural and nature heritage. Every morning we transfer enthusiasts and bikes on selected greenways and low traffic roads along the Danube River, the Balkan mountain or the Black Sea coast.

We also have special suggestions for those who are keen cyclists in Sofia. Get some free time during your stay in the capital and call us for bike & dine & wine trip for a day.



A short or medium cycle distance of 25-40 km or 40-65 km based on your request will be accompanied by refreshing drinks, picnic lunches and even wine tasting programs and delicious yogurt products. Happy to share our local knowledge we will assist you to get closer to unspoiled Bulgarian lands and mountains or among colourful villages and small towns.

Operating areas:

**Lower Danube lands -
vast plateaus and riverine wetlands**

**Black Sea Coast and Eastern
Balkan Mountain**

**Iskar River Cycling Corridor –
from Rila mountain to Danube River**



Plateau Cycling is engaged in bike touring throughout Bulgaria more than 5 years.



Svetoslav Todorov
- Social cycling guide
maintaining the public
relations



Deyan Kateliev
- Steady cycling guide
and narrator, managing
the Company's tours



**Weekend
on a Bicycle**

Looking for an outdoor adventure or you just need a relaxed weekend at a peaceful nature. Grab your sunglasses and enjoy the breeze of your own cycling power.

Every weekend from April to October we organize cycling journeys in Eastern Bulgaria or close to the capital city of Sofia.



The list numbers more than 25 events in different directions depending on the season and the weather conditions. Our bike tours will place you on surprisingly fresh greenways to historical and cultural monuments. Meet the locals and taste their cuisine at the charming guest houses or hotels gathering positive energy during your veloweekend. Escape completely into the Bulgarian country pedalling amidst picturesque villages, wildlife areas and the impressing Black Sea sceneries. It is a priceless way to recover and get younger again.



We believe our activities take care of the impact to the environment, to people's health and occur in a manner to benefit the local communities and nature conservation practices.



Kiril Djivdjanov - Flexible
cycling guide, Company's
web genius and technical
support unit

Vladimir Yurukov
- Slow motion cycling guide
specialized
in tough decisions



plateaucycling.com

**BIKE
TOURS
HUB &
SPOKES**

veloweekend.eu

**PLATEAU
CYCLING**
BULGARIA AND ROMANIA

GUIDED CYCLING TOURS

IN BULGARIA AND ROMANIA

Feel the long-lasting cycling experience on the Guided tours

Our tours could be described as adventurous journeys with romantic spirit. Every tour is some kind of an expedition. It gives you the opportunity to be in touch with the magnificent



nature and rich wildlife all the way, to learn the customs of different cultures from the local people and to taste their food and wine.



TOUR LIST

11 days approx. 540km 1100 €
Danube & The Mystic Trails / moderate

10 days approx. 490km 1160 €
Via Pontica & The Balkan / moderate

9 days approx. 360km 999 €
Grasslands of Dyonissos / easy

7 days approx. 260km 700 €
Lower Danube Heritage & Wine /moderate

6 days approx. 310km 630 €
Jagiellonian March / moderate

5 days approx. 280km 530 €
Dry Valley's Greenways /adventurous

What's included:

- * Transfer from/to the nearest airport to/from your first & last day accommodation
- * Bike without helmet
- * English/Russian speaking guides
- * Route Map and Instructions
- * Bed & Breakfast at family run hotels
- * Entrance fees at museums & wineries
- * Refreshing drinks and some picnic lunches
- * Support vehicle and luggage transfer
- * Permanent technical bike support
- * Medical insurance for Bulgaria
- * Bonus night after the tour

Details at:
www.plateaucycling.com

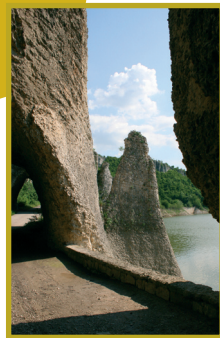
We choose low mountainous and plateau regions with disperse road network and a lot of very good dirt roads, byways and greenways. Our tracks are traced on easy to moderate terrain with low traffic which provides safe cycling and relaxation.



3 Day Cycling Holidays -
Just for 100 € on bike tour for
3 days & 2 nights    



Catholic Easter holidays
The Canyons of Miziya tour
Western Bulgaria



24 May-26 May
Along Danube in Romania
Eastern Bulgaria, Southern Romania

Orthodox Pentecost holidays
Balkan Mountain Seaside tour
Black Sea Coast

6 September - 8 September
Cycling & Camping on beach-gullies,
Black Sea Coast



1 November- 3 November
Coastal Strandja Mountain,
Southeast Bulgaria

With every 3 day Holiday you get 10% discount coupon for two persons valid for 2014 year Plateau Cycling's tour calendar



HUB & SPOKES SELF-GUIDED

CYCLING IN SOUTH-EAST EUROPE

Manage your own cycling vacation
for 79-89 € per day    

Plateau Cycling Hub and Spoke system is designed for those who prefer to minimize changes of hotels and/or like the flexibility of being at own itinerary while exploring on a bicycle adventure.



We will assemble a tailored tour just for you, whether you are a group of friends with varied interests and abilities, or a couple seeking a romantic getaway. A diversity of cycling daytrips is in front of you. Select your interesting

destinations and leave the rest of the time for leisure or any other adventures.

Danube Region

We suggest Popina and Bozhichen - 2 villages on the south bank of the romantic Danube, just on the way of the antique Danubian Roman limes. Here you could feel the wilderness and taste the famous local yogurt or the good wine of Lower Danube away from the big ports but close to tourist towns. We offer you a perfect outpost to explore the Danube and its wetlands, the rock-hewn churches in the canyon of Rusenski Lom and the multiethnic picture of Ludogorie. There are a dozen cycling day trips and adventures like boattrips, fishing or birdwatching in addition.



Balkan Hubs

The fabulous Balkan mountain keeps alive old cultural and architectural traditions of the Bulgarians. Our cycling hubs in both Western and the Eastern part represent the variety of sightseeing hidden in the woodlands. Here you will trace the roots of the absolutely unbelievable Bulgarian cuisine. Combine your stay in the mountain with trekking or horse riding.

-Gorna Beshovitsa -Medven



Black Sea Region

Most Bulgarians, Romanians and Russians prefer the coastal land as their cycling destination in Bulgaria. The seaside spectacular landscape attracts with gorgeous capes and cliffs, hills and forests, beautiful palaces and numerous tourist sights. Cycling inland as well provide attractive places like wineries, traditional villages, quite roads and greenways. Black Sea region has a lot of things to inspire cyclists willing to try something else for a while as diving, cooking, fishing and even golf or yachting.

-Byala -Balgarevo -Kalimantsi

Hubs in Heartland

Heartland means the capital region and the cradle of the Bulgarian civilization from the 7-th century A.D. onwards. Cycle and discover many historical, archeological and cultural sights, nature landmarks and local farming practices. Rural



corn- and wine producing land, spread from mountain to the plain and populated by Christians and Muslims together.

-Mogila -Veliki Preslav

